## Club Drugs

What Are They?

## What's a Club Drug?

Club Drug is a term that refers to several mood altering substances that are primarily used in an all night dance party setting. Young people refer to these all night dance parties as: raves, trances, dance clubs, and bars

## Types of Club Drugs:

- Ecstasy
- GHB
- Rohypnol
- Ketamine
- Methamphetamine
- LSD

According to the National Institute on Drug Abuse these drugs are even more dangerous because they are most often used in conjunction with alcohol.

#### MDMA Methylenedioxymathamphatamine

- Ecstasy, XTC, X, Adam, Clarity, Lover's Speed
- Qualities like a amphetamine and hallucinogen
- usually taken orally
- enables users to dance for extended periods of time.

#### Effects of MDMA

- Last approximately 3-6 hours
- heighten sense of alertness
- confusion, depression, sleep problems, anxiety, and paranoia
- increase in heart rate and blood pressure
- can lead to dehydration, hypertension, and kidney failure

#### **Effects Continued:**

- In high doses *Malignant*hypothermia can occur leading to muscle breakdown and kidney/cardiovascular system failure that can be fatal
- May lead to heart attacks, strokes, and seizures in some users.

Recent research indicates that chronic use of MDMA may cause permanent damage to neurons that release serotonin and consequently cause memory impairment

# GHB Gamma-Hydroxybutyrate

- Grievous Bodily Harm, G, Liquid Ecstasy Georgia Home Boy
- Intoxicating, sedating, euphoriant properties,
- Can be clear liquid, white powder, tablet, or capsule
- predominately used by adolescents and young adults

#### Effects of GHB

- Sedation or intoxication
- effects begin 10-20 minutes after ingestion and usually last up to 4 hours( depending on the dosage)
- Can slow breathing and heart rate to dangerous levels
- Coma or Death

## Signs of Overdose

- drowsiness
- nausea
- vomiting
- headache
- loss of consciousness
- loss of reflexes
- impaired breathing
- ultimately death

## Rohypnol Flunitrazepam

- Roofies, Rophies, Roche, Forget-me Pill
- belongs to the same family as Xanax (benzodiazepines)
- Legal in Europe and 60 other countries as treatment for insomnia and as a presurgery sedative.

## Effects of Rohypnol

- tasteless and ordorless
- usually taken orally
- 1 mg can impair for 8 -12 hours
- can cause anterograde amnesia and has been reportedly used in sexual assaults.

#### Adverse Effects

- Decreased blood pressure
- drowsiness
- visual disturbances
- dizziness
- confusion
- gastrointestinal disturbances
- urinary retention

## Methamphetamine

- Speed, Ice, Chalk, Meth Crystal, Crank, Fire, Glass
- Can be smoked, snorted, injected, or orally ingested
- Is white, odorless, bitter tasting crystalline powder
- Addictive stimulant that affects the CNS

# Adverse Effects of Methamphetamine

- Memory Loss
- Aggression
- Violence
- Psychotic behavior
- Neurological damage
- Possible Cardiac Arrest

#### Adverse Effects Continued...

Methamphetamine Abusers may have significant reductions in dopamine transporters

#### Ketamine

- Special K, K Vitamin K, Cat, Cat Valiums
- Injectable anesthetic that has been approved for both human and animal use. 90 percent of ketamine is used in the veterinary industry.
- Reactions similar to those associate with PCP.
- Liquid or powder form

#### Effects of Ketamine

- Impaired Attention
- Impaired Learning ability
- Impaired Memory
- Impaired Motor function

#### Adverse Effects Ketamine

- Delirium
- Amnesia
- High Blood Pressure
- Depression
- Potentially fatal respiratory problem
- Hallucinations
- Aggression

# LSD Lysergic Acid Diethylamide

- Acid, Boomers, Yellow Sunshine
- Usually taken orally
- Tablet, Capsule, and Liquid
- Blotter paper
- feels the effect within 30 90 minutes

#### Effects of LSD

- Dilated pupils
- Elevated body temperature
- Increased Heart Rate
- Increased blood Pressure
- Sweating
- Loss of Appetite
- Tremors

#### Adverse Effects

- Persistent Psychosis
- Flashbacks